

# Sharing Your 3-Minute Personal Testimony

Sometimes you may feel as though you need to “know all the answers” before you can be an effective witness for Christ. What is it that you can share with others? (1 John 1:3)

Three Points to My 3-minute Personal Testimony:

1. My life before Christ: (1 minute)
  - Be specific (without sharing gory details)
  - Discuss the outward sins as well as the inward sins
  - Discuss feelings of emptiness
  - Mention consequences
  - A simple story that illustrates the whole of your experience
  
2. How I came to Christ: (1 minute)
  - Be specific
  - Who, what, when, where, how, why?
  - Mention the feeling of knowing that you were forgiven, cleansed, released, etc...
  
3. My life since Christ: (1 minute)
  - Be specific about how your life has changed
  - What has he brought you through?
  - What victories over life or over sin have you experienced?
  - What temptations have you overcome?
  - What trials have you endured?
  - When was a time that you experienced his peace?
  - Tell something funny about your trying out of your new faith
  - Be honest about slip-ups, yet where his grace helped you to get back up

Hints for sharing your story:

- Keep it personal (Use “I”, “me,” not “you”).
- Keep it short (3 minutes)
- Keep it Christ-central—highlight what He has done for you.
- Use regular words (avoid religious jargon – “Christianese”).