

Contentment is learning to be okay with what you have.

Read 1 Timothy 6:6



DAY

1

More, More, More?

In this week's story, we learned that King Ahab had everything he ever wanted but still wanted more. He wasn't content and then did bad things because of it. We sometimes might feel the same. But, what if we stopped and thanked God for what we do have. Write or draw God a "thank-you" note. On the note draw some of the things God has given you!

Thank God for all that He has given you.

DAY

2

More Adventure!

Sometimes we think more stuff will make us happy but what if we start thinking about making more memories and having more adventures? Let's stop only thinking about stuff we want and think of things money can't buy! Use your imagination and plan an adventure around your house or neighborhood. Are you a pirate looking for buried treasure? A pilot looking for a lost land? Be creative to find something money can't always buy. Adventure!

Look for ways that you can create adventures and memories.

DAY

3

Godly Life

This week's Bible verse talks about what you can gain when you live a godly life. Read this week's verse and then talk with an adult about some things you can gain from a godly life. Hint: you can gain things like: happiness, joy, and peace.

Know that living a godly life will give you the good stuff.

DAY

4

Pray More

God can help us be more content with what we have when we ask Him to. We don't have to do it by ourselves. Talk to God and ask Him to help you be content. Pray this:

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 "Dear God, Please help me to be content with what I have. I know that being content isn't just about stuff. I know it's okay to want things but God, please help me be content with what I have now and what I can give to others. I love you, amen."

**Ask God to help you to be content.**

**Wanting more and more can make you miserable.**

