

Regular Coaching Session format:

1. What have you been hearing from God lately? 15 mins
 2. What challenge are you facing with your group(s) and how do you want to address it? 20 mins
 3. How has your group(s) balanced up, in, and BLESS? Which is the strongest? Weakest? 20 mins
 4. Who's next? (ICNU's and next steps for current leaders) 20 mins
 5. "I will" statements. 5 mins
 6. Take turns praying for each person's I will statements and personal needs. 10 mins
- Length of sessions will typically last 90 minutes.
 - Coaching is ideal over food!
 - Keep notes to remember key ideas as well as prayer/follow up for next steps.
 - Consider sending a recap email including important items that came up and any "I will" statements.
 - Make sure to agree upon the time/place for next month's meeting before you leave.

Initial Coaching session with a new coach:

- Share your faith story
- Who do you feel God has called you to reach?

Individual coaching

Individual coaching is always given in addition to, not instead of, meeting with the group of leaders. This focus is on care for the overall health of the leader (their RPMS- how they are doing Relationally, Physically, Mentally, Physically) and anything they are hearing from God in their personal and ministry life.

Weekly or bi-weekly touch points should be intentionally made to ask the questions, "how are you doing?" and "what have you been hearing from God lately?". These will vary in length depending on the needs of the leader.