

## How to plan a prayer meeting:

Some preparation and imagination can help your group experience God's presence and power in prayer. An hour can fill up quickly!

1. Your goal is to allow the Holy Spirit to lead. Make space to listen both in planning and during the meeting.
2. The Spirit moves us in 3 directions- Up, In, and Out. This makes an easy outline for a well-rounded prayer time.
  - Up – Find ways to worship and give thanks.
  - In – Pray for one another and prophetic prayer.
  - Out – Target specific needs in your place of mission.
3. Invite group members to contribute. It can be a song selection, prayer point, a prayer to read, or scripture.
4. Give prompts for short sections of prayer. Praying for long periods can be challenging, so limit time for each point to 5-10 minutes.
5. Break up into groups of 3—it gives a less intimidating space to pray and gives everyone an opportunity to share.
6. Start your meeting by sharing why you are praying. Cast vision by sharing a scripture or testimony. Encourage members to “break the sound barrier” and pray out loud with simple, honest prayers.
7. End by debriefing and identifying any takeaways.